Here are some guidelines to follow after each injection of radium-223.

**Instructions**

- Isolation is not required. You may interact with friends and family as usual.
- Report any diarrhea, shortness of breath, tiredness, bleeding, easy bruising, infections or fever to your treating doctor ASAP. Be sure to keep your blood test appointments.
- Stay well hydrated and report any signs of dehydration (such as dry mouth and increased thirst), or urinary or kidney problems (such as burning when urinating).
- Sit to urinate, close the lid when flushing the toilet and flush the toilet twice for 1 week.
- Wash hands thoroughly after using the toilet.
- Clean any urine spills and dispose of any body-fluid-contaminated material by flushing it down the toilet or placing in a plastic bag in the garbage.
- You may have sexual relations. Use contraception for 6 months after treatment.
- If you have diarrhea or urinary incontinence, use disposable underwear or diaper pants during the first week after injection.
- Wash clothing soiled with urine, stool or blood separately during first week after each injection.
- If you vomit, wipe it up and flush it down the toilet.
- If you plan on travelling across international borders within 1 month of treatment notify the nuclear medicine department and documentation will be provided for you.
- If you have to go to a doctor or emergency room or need surgery within 3 days of this treatment, notify the medical staff that you have a small amount of radiation in your body and they can contact the nuclear medicine department for more information.