

Salades Prêtes-à-porter

Grab & Go Salads



Lundi / Monday Greque / Greek

Laitue, tomates, concombre, oignon rouge, olives Kalamata, fromage feta, jus de citron oregan, huile d'olive, sel, poivre
Lettuce, tomatoes, cucumber, red onion, Kalamata olives, feta cheese, lemon juice, olive oil, salt, pepper

\$6.95

Mardi et jeudi / Tuesday & Thursday Poulet Méditerranéen / Mediterranean Chicken

Poulet, épices, concombre, poivrons, tomate, laitue, olives noirs, jus de citron, huile d'olive.
Chicken, spices, cucumbers, peppers, tomato, lettuce, black olives, lemon juice, olive oil.

\$6.95

Mercredi / Wednesday Saumon Teriyaki Salmon

Poivrons, carottes, riz, sauce teriyaki, saumon, gingembre, ail, pois mange-tout, champignons, nouilles frites, chou vert
Peppers, carrots, rice, teriyaki sauce, salmon, ginger, garlic, snow peas, mushrooms, fried noodles, cabbage

\$6.95

Vendredi / Friday Arc-en-ciel / Rainbow

Quinoa, laitue, salade euro, carottes râpés, mélange de poivrons, concombre, mélange de noix, edamame, tomate, vinaigrette de Dijon, jus d'orange, vinaigre balsamique, miel, chili
Quinoa, shredded lettuce, euro salad, carrot slaw, mixed peppers, cucumber, chopped mixed nuts, edamame beans, tomatoes, dressing Dijon, orange juice, balsamic vinegar, honey, chili flakes.

\$6.25