

JGH Pulse

PUBLISHED BI-MONTHLY BY AND FOR
THE STAFF OF THE JEWISH GENERAL HOSPITAL

VOLUME 4, NUMBER 2

MARCH -APRIL, 1970



MRS. L. FROHLICH, Chairman, Blood Donor Clinic, above, writes to all JGH staffers: "I am happy to report that the Annual Red Cross Blood Donor Clinic sponsored by the Hospital's Women's Auxiliary on Monday, March 23rd, was a great success. 309 pints of blood were obtained topping last year's total by 94 pints. This was accomplished through the wonderful cooperation and interest shown by Department heads and their staffs."

Four door prizes of \$10 Gift Certificates (redeemable at the Lobby's Gift Shop) were awarded to blood donors by the Women's Auxiliary. The two JGH winners were: Miss M. Ship, RN, Pediatrics; and Mr. H. Forde, Ward Master's Office. (For more about the Blood Donor Clinic, see back cover.)

ENTRANTS INTO HOSPITAL'S ANNUAL ACP SHOW INCREASE 63%

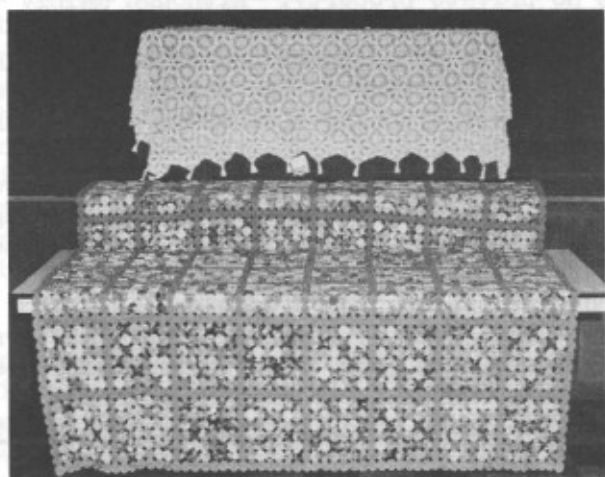
Nearly 150 paintings, sculptures, crafts and photographs made up the Hospital's 4th annual Arts, Crafts and Photo Exhibition held in the auditorium of the nurses' residence March 25th to 29th. Eligibility for the show this year was extended to include all active staff members of the JGH, immediate family or current JGH staffers, all former JGH staff members, and all Hospital volunteers. Fifty-seven persons entered the show -- twenty-two more than did last year -- for a growth of 63%.

Mr. Andre Elbaz, noted painter and film-maker in Montreal, awarded first prize in the painting category to Mrs. Marlene Zeltzer, daughter of Mrs. Florence Deutcher, Accounts Office, and second prize to Dr. Nathan Freedman, Cytology, a member of the Exhibition's Committee. In photography, Mr. Elbaz awarded first prize to Dr. R. L. Slatkoff, son of Dr. W. R. Slatkoff, Executive Director of the JGH, and second prize to Dr. Bernard Davis, Obstetrics and Gynecology. First and second prizes for transparencies were awarded to Dr. Herbert Srolovitz, Pathology Resident, and to Dr. Eric Saibil, Radiology Resident, respectively. Mrs. Rosaline Naimer, well-known Montreal potter, awarded first prize in crafts to Mrs. S. E. Goldman, wife of Dr. Goldman, Orthopedics, and second prize to Mrs. Ena LaPaix, Dietary. Meantime, Mr. Hans Schlee, prominent Montreal sculptor, awarded first prize in the sculpture category to Mr. Zoltan Noeh, Blood Bank, and second prize to Miss Ina Zaritsky, Pediatrics. 136 people participated in the popular vote which awarded first prize to Mrs. E. Dubow, wife of Dr. Dubow, Orthopedics, for her sculpture.

Comments about the Exhibition -- which were written on the popular vote ballot -- said: "Excellent"; "Terrific"; "Excellent all over show"; "Fabulous in more ways than one"; "Superb show -- congratulations to the Committee"; "Excellent workmanship"; "Great show!"; "Very good"; "Best show yet"; "Fantastic"; "Keep it up".

Awarded by Dr. W. R. Slatkoff, all prizes were donated to the Show by Hospital President, Dr. Andre Aisenstadt, and his wife, Mrs. Aisenstadt; Mr. and Mrs. Joe Rubin, Honorary Secretary, and member of the Women's Auxiliary, respectively; Mr. and Mrs. Sam Steinberg, Past President and member of the Women's Auxiliary, respectively; and the Associate Nurses of the JGH.

Exhibition Committee members were: Chairman Dr. J. Shugar, Orthopedics; Dr. Nathan Freedman, Cytology; Mr. Fred Goldstein, Administration; Mr. Duncan Campbell, Maintenance, and Miss Cay Draper, Public Relations.



THE PRIZE-WINNING
exhibits at the show
are, top photo, left

to right: Miss I. Zaritsky's sculpture which won second prize; Dr. R. L. Slatkoff's photo which won first prize in photography; Mrs. Marlene Zeltzer's painting which won first prize; below it, Dr. Bernard Davis' photo which won second prize; Dr. Nathan Freedman's painting which took second prize; and Mr. Zoltan Noeh's sculpture which won first prize. In the photo immediately above are Mrs. Ena LaPaix's bedspread which won second prize in the crafts category and, below it, Mrs. E. Goldman's bedspread which took first prize.

IGH RN SPENDS VARIED VACATION IN ISRAEL

Upon graduating from the Hospital's Nursing School last September, I decided that the time had come to satisfy my long-standing yearning for travel. So I packed my bags and let El Al, that notorious airline, take me to the land I'd heard so much about and yet knew surprisingly little of.

Through the Jewish agency's Youth Aliya Department, arrangements were made for me to go on ulpan on a kibbutz which meant that I was to live on a kibbutz and, along with others my age from all over the world, study Hebrew for half a day, and work as a regular kibbutznik for the other half a day, with one day, Shabbat, off a week as is customary in Israel which still operates on a six-day week.

Basically, a kibbutz is a communal settlement where all members live and work together on national land leased to them. There is no private property. Although mainly agricultural, kibbutzim have also developed industries. Work on a kibbutz consists of anything needed to maintain the kibbutz itself, e.g., working in the chicken house, serving in the dining hall, ironing clothes in the laundry or washing windows, to participating in the economic endeavours of that particular kibbutz such as picking fruit in the orchards for export all over the world, or working in a factory belonging to the kibbutz. One member of the kibbutz has the responsibility of making up the work assignment sheet daily, stating where each person is to work, and at what hours. Most of the established members of the kibbutz have permanent jobs to which they've become accustomed such as the cooks and machinists, whereas others -- like the volunteers and ulpan people -- are rotated through varying jobs every few days which allows them to get a broader view of the kibbutz set-up. Evenings are spent in whatever way the individual chooses -- movies are shown, there is usually a coffee house or cultural centre, game and TV room for whoever wishes to use them. Kibbutz parties are held at Holiday time. An elected group of people manage official kibbutz affairs as well as contribute to the general work.

After spending three weeks on the kibbutz, another girl and I decided to set out and see all the places in Israel we'd heard so much about and were so close to, and yet so far from as long as we stayed in one place. So,

VACATION IN ISRAEL continued

armed with knapsacks, we spent five weeks hitch-hiking (or "tramping" as the locals refer to it) throughout Israel from the Upper Galilee in the north, through the central area, and down to Eilat in the south, never having to take one bus! Israel is truly a hitch-hiker's paradise! Aside from being a great financial aid, hitch-hiking afforded us experiences no other means of travel could have done such as a visit to a baby clinic in a Druze village with a public health doctor, or a guided tour of the Golan Heights in a Mack truck driven by a boy who had fought there himself. It also afforded us the opportunity of meeting people from all over the world who, for varied reasons, had come to Israel and assimilated into the Israeli way of life. Thus we became aware that even though one has seen a country, one has not truly travelled it until meeting and talking with the people populating it.

After galavanting about for five weeks, we decided to settle for a while in Jerusalem, the city of cities, and what better way to spend the days than working on an archaeological excavation near the Western Wall, conducted by a professor from the Hebrew University? This is precisely what we did for six weeks... digging, shovelling, picking and sifting through the earth to find thousands of pieces of pottery and jewellery among ruins from Herodian and pre-Herodian eras. During this time we lived in a convent in the heart of the old, Arabic-populated city of Jerusalem, which in itself was quite an experience.

Unfortunately, as always, good things come to an end. Only now do I see how my trip fell into three phases -- first a kibbutz, then a while travelling, and finally a period working on the excavation. While there, one phase seemed to lead inevitably into the other. Looking back, it is impossible to say which offered the most for, in their own ways, they were all vastly enriching experiences, never to be forgotten.

Hynda Dorfman, RN,
Surgical Intensive
Care Unit.

PEOPLE IN THE NEWS

SPEEDY RECOVERY to the Misses E. Berard, RN, 8NW, B. Wossidlo, RN, 4Main, and M. Harte, RN, 5NW... to Mrs. C. Oldfield, RN, Nursing Education, now a patient at the JGH's 7W...

BEST WISHES to Miss Markowitz, NA, 6W, who became Mrs. Benilous on, appropriately, February 14th... to Miss Lynne Levine, NA, 6W, who was admitted to 4NW late February. Lynne recently became engaged to Sheldon Pronman whom she will marry November 22nd... to Jimmy McIntyre, Boiler Room, who will wed August 8th... to Miss A. Barth, RN, SICU, who recently became engaged to marry in September...

WELCOME BACK to Mr. Mendel Segal, Accounts, and his wife, who returned recently from a February holiday in Arizona... to Miss Wedderburn, NA, 2NE, who visited her home in Jamaica in February-March... to Dr. Michael Gold, Medical Director, who returned mid-March from a skiing holiday in Austria, Switzerland and Rocco... to Dr. Isaac Tannenbaum, General Practice, whose beautiful tan came from the beaches of Rio de Janeiro, Brazil, early in March... to Mrs. Myrtle McGill, RN, Nurses' Residence, who returned March 21st following two weeks in Florida and Nassau... to Miss J. Morrison, Nursing Services, and Miss M. Masters, In-Service Education, who vacationed March 22nd to April 4th on Grand Cayman Island with Miss Mary Barrett, now of Dawson CECEP...

SYMPATHIES to Mrs. Beatrice Mosse, Volunteer Services, whose brother died suddenly March 8th...

CONGRATULATIONS to Mrs. E. Sebastien, ECG, and her husband -- both from Rumania -- who became Canadian citizens December 17th... to Mrs. Haynes, NA, 6NW, who gave birth to a 4 lb 12 oz. baby girl on February 12th... to Mrs. I. Adisoemarto, RN, 5N, whose baby arrived in March...

MORE PEOPLE IN MORE NEWS

DID YOU KNOW that the Canadian Hospital Association will conduct a \$100,000 study with Canadian nurses and medical associations to find ways of shifting some of the routine duties and responsibilities of nurses to lesser-skilled staff? that the federal government is giving partial financial assistance to this three-year project? that Dr. Nathan Freedman, Cytology -- and powerhouse behind all the JGH's Arts, Crafts and Photo Exhibitions -- along with Dr. Samuel Ortenberg, Honorary Attending Staff, Medicine, founded the Montreal Clinical Society in April, 1923? that that Society's three aims were immediately stated as these: to build a Jewish hospital in Montreal; to augment the medical knowledge of members with the presentation of papers, discussions, etc.; and to keep high the medical ethics of members? that since 1934, when the JGH was built, the Society has held its meetings here? that federal health minister, John Munroe, said recently that studies which appear to link air pollution with the high rate of cancer "seem, superficially, at least, to be pretty sound"?

AND DID YOU KNOW that a recent U. S. study shows that, in the past five years, hospital charges have shot up 82% -- the fastest-climbing single item in the U.S. cost-of-living index? that the pesticide, DDT, has been banned in Quebec Province since March 22nd? that persons found using it now will be fined? that on average, every single Canadian is given blood at least once in his life? that next to the Australians, Canadians donate blood to blood donor clinics more generously than any other nationality? that you can help fight pollution by using low phosphate soaps like Lux, Ivory Snow and Maple Leaf? by using washing soda instead of high phosphate water softeners? by using your car as little as possible? by writing to your member of parliament and the editors of newspapers to say that you want your world cleaned up? that the February 19th article in the Gazette -- Lifeline for Baby -- describing a relatively new technique of intravenous feeding used in our JGH Department of Pediatrics, was picked up by the wire services to reappear in newspapers across Canada and the United States? that the majority of Canadians define the thin line between sanity and insanity as the 49th parallel? that the April 13th issue of the Montreal Star featured a story on the JGH's new drug clinic headed by Dr. Yale Nerman, director of external services at the Institute of Family and Community Psychiatry?

SPRING COMES A BIRDWATCHERS' DELIGHT

What a delight Spring is to birdwatchers for it gives us a most fascinating diversion. Using a good pair of binoculars, we usually make our first identification of a species by sight. Then we become familiar with its songs or notes. And what treasures we have right here in our own city! Westmount Lookout is a bird sanctuary, and what a thrill it was to see my first scarlet tanager and indigo bunting there. Mount Royal cemetery has a varied number of species too, and perchance, if you can get your binoculars focused, you may see the wise old owl.

Further afield, at Cote Ste. Catherine Lock, we see a great variety of shore birds including mama black ducks with trails of little ducks in tow. There are mallard ducks there, too, of which the males are especially beautiful with their great necks. We might also see the great blue heron there -- often called cranes -- which stand almost four feet tall. In flight they look like small jets piercing the sky. Male birds are usually resplendent with glorious colours while the females are quite drab. But this latter is a protection which nature bestows on the females, and which serves them particularly well when they sit on their nests. The mating rituals of some of the shore birds are both comical and beautiful. The male, as usual, struts his stuff.

One of my favourite spots is the bird sanctuary at Philipsburg on Lake Champlain. Walking through the woods you might come upon little beauty spots of violets and wild columbine. One time, a chickadee ate a sunflower seed out of my hand there. I was much more surprised than the chickadee!

Baltimore orioles are black and fiery orange, and make a pretty picture among the green lushness of Spring. Other beautiful birds in our area are the purple finch which looks like a sparrow dipped in raspberry juice; warblers who have exquisite colourings and sing their little hearts out. Many of them have two songs.

The Quebec Society for the Protection of Birds plans field trips in the Spring and Fall. On one field trip, it is not uncommon to identify eighty to ninety different species of birds. Founded to protect our bird life, the Society never ceases to fight pollution so, we hope, Rachel Carson's

Silent Spring will never happen here.

As Robert Browning so aptly expresses it:

"If you get simple beauty and naught else,
You get about the best thing God invents."

Eleanor Burkholder, RN,
Medical OPD Clinic.



* * *

A FAREWELL WORD TO THE JGH STAFF

ON THE OCCASION of my departure for Israel, I wish to extend to all members of our Hospital staff a hearty "goodbye" and "best wishes for health and happiness".

During the many years of my association with the Hospital, it has been my good fortune to find all of you genuinely friendly and cooperative. I want to thank everyone of you for the many kindnesses you have shown me, both when needed and when unsolicited. Nothing is more desirable today, in this disturbed world than sympathy, empathy, understanding, and help when called for from anyone's fellow man, regardless of race, creed or colour. May the fine spirit of fellowship in our midst forever grow stronger.

Shalom (peace) to all of you, and to the entire world.

Sincerely,

Mordecai Etziony, M.D.,
Honorary Attending Staff,
Department of Medicine.

HOSPITAL'S TRANSIT-TUBE SYSTEM SAVES TIME AND STEPS

To save JGH staffers time and steps delivering x-rays, discharge slips, prescriptions, and other important documents from end of the building to another, the Hospital installed a pneumatic transit-tube system two years ago. Functioning something like the old-fashioned conveyor belt, the JGH pneumatic transit-tube system consists of five "lines" or channels through which the 14-inch (in one case, 18-inch) "carriers" or tubes are blown through pre-selected "lines" by compressed air at the rate of 250 feet per second.

To send a document between any two of the 31 stations listed below, employees should insert the document into the carrier, close the end of the carrier firmly by snapping it closed, set the two dials on top of the carriers to indicate which station the carrier is to be sent to, insert the carrier into the system by placing the felt end where the arrow inside the sending door indicates it should be placed, and close the door securely. The carrier will then be blown automatically to a "selector" which will "read" the carrier's destination from the set dials, and route it to the right "line" so that, in seconds, the carrier, with its documents inside, will reach its correct destination. When the carrier reaches that destination, a light will flash above the station door when employees standing there are requested to remove the carrier promptly, close and latch the system door so that other carriers flying through the system can continue their course, remove the document from the carrier and then, by using the system again, return the carrier to its sender.

Persons needing further explanation in using this system are asked to speak to the head nurse at each station, or to call the Maintenance Department at Local 480.

The 31 stations on the JGH's system are: the Admitting Office, station B-1; Accounts, C-9; Case Room, C-4; Central Store Room, A-0; Central Supply Room, D-6; Coronary Care Unit, C-6; Dietary, B-2; Emergency, D-8; In-Patient Recovery, Surgical Operating Room and Surgical Intensive Care, C-5; Labs, D-4; Mail Room, B-3; Medical Intensive Care and Nurses' Station 2NE, C-8; OPD Registration, E-6; Pharmacy, E-0; Radiology, E-4; and Nurses' Station 8W, E-1; 7W, E-2; 6W, E-3; 5W, E-5; 4W, E-7; 3W, E-9; 8NW, D-1; 7NW, D-2; 6NW, D-3; 5NW, D-5; 4NW, D-7; 3NW, D-9; 6N, C-1; 5N, C-2; and 4N and Main, C-3.



PULSE PROFILE

The son of an engineer officer in the British Royal Navy, handsome, gentle David Davies -- nicknamed "Taffy" in his sporting days -- was born in Carmarthen, Wales, near Llamfairpwllgwyngyllgogerychwyrndrobwillllandysiliogogoch. (Let's see you pronounce it!) But at age 12, Davies lost the use of his left eye "which put a spike in my father's plans for me".so, after completing four years of high school, he flipped a coin to see where he could go to make his life. Says he: "My father had been everywhere so he picked Australia or Canada for me: I settled the rest."

Thus it was that in 1925 -- at age 15 -- David Davies sailed alone for Canada to spend his first three years farming, harvesting and sheep ranching in the Canadian West. Afterward, he headed east to find work at Grey Rocks Inn, St. Jovite -- and quickly became an avid sportsman: in summertime he was the assistant golf pro; in winter, "the first person in the Laurentian mountains to be paid to ski". But soon the Depression hit the resort business and, only a few years before the boss' daughter, champion skier Lucille Wheeler, was born, Davies returned to Montreal to "start up my boiler room business" at Verdun Prot estant Hospital, now the Douglas, for \$46.50 a month. After five years there, and nine more at Gair paper mill, he finally joined the JGH in 1945 as Assistant to Chief Engineer, Mr. Carmichael, and now is Maintenance Supervisor. On this past April 3rd, Mr. Davies set a Hospital record by completing 25 years of service without ever having missed a day's work!

With one son and two grandchildren in Windsor, Ontario, Audrey and David Davies have had many foster children -- one of them for ten years -- and right now they have five. "You'd be amazed at what goes on in Montreal," he says. "Sometimes the (child placement) agency phones us at 11 o'clock at night just desperate to find a home for some kids. So we put them up for a few weeks. We take multi-racial children, too, because they're so hard to place."

Probably the only Welshman who ever lived who doesn't admit to singing, Taffy Davies now plays golf, bowls, darts and poker. Looks like he's going to have a lot of all four, too, because, on May 29th, he, Mrs. Davies and foster child, Isabel Cho, leave for Wales "to visit my sister and brother-in-law, and to see if I remember anything."

JGH STAFFERS TAKE ANNUAL BLOOD DONOR CLINIC OVER THE TOP

Of the 309 pints donated to the March 23rd Blood Donor Clinic, 205 were donated by JGH staff members. Of these, the Dietary Department gave 27 pints while Housekeeping gave 12.

Names of all the JGH donors are, in the order in which they gave: M. Gilman; S. Holt; T. Little; H. Freeman; M. Dumont; C. Haselberg; M. Vossiliadis; R. Caron; J. Laurin; H. Schoppe; A. Perna; A. Murciano; A. Pestelle; D. Giannakopoulos; S. Perna; R. Hutto; P. Cicioli; G. Chamberland; L. Josephson; J. Lepalme; L. Curwell; R. Jones; G. Roy; M. Ostroff; B. Perley; M. Seguin; G. Martineau; A. Denis; R. Nicholas; M. Zafiopopou; E. Menda; J. Rothman; D. Taurazos; M. Ferguson; J. Fitzmorris; R. Ogilvie; J. O'Donoghue; I. Porper; A. Starke; J. Donnet; E. Tratenberg; W. Rountrel; N. Courey; E. Gailis; J. Zelter; F. Goodman; A. Serour; J. McLaren; J. Smvthe, M. Ferriera; E. Martin; C. Durant; J. Usnick; A. Mott; T. Watson; S. Aposhian; L. Debbero; P. Elems; H. Wong; N. Lindy; H. Forde; S. Roxborough; J. Patenaude; K. Byford; L. Morris; A. IteI; G. Manioudakis; H. Villiger; E. Miller; A. Lebalnc; J. Primeau; F. Masson; S. Noelle; A. Anthony; E. Milljam; B. Miller; I. Hanley; T. Ouimet; F. Gervais; C. Beinhaker; S. Doyle; M. Blackett; R. Harris; E. Seifert; M. Deitcher; S. Rothstein; R. Chehab; M. Dolansky; C. Young; S. Perkins; S. Tashchian; F. Kraut; R. Zussman; M. Prefontaine; C. Cooper; E. Bellow; G. Levine; B. Brown; R. Resnick; L. Charles; J. Joulding; M. Grannados; B. Vassiliou; H. Barprelate; J. Hendrike; D. Sheldon; M. McLarty; G. Papolczy; M. Ferrara; P. Tepper; H. Wiseberg; F. Bastiansen; J. Seitner; S. Motossian; M. Robitaille; E. Cohen; J. Roche; J. Potashner; S. Segal; A. Sebe; S. Gershowberg; L. Pilgrim; M. Theodore; G. Baird; D. Campbell; M. Totransky; P. Wlamslet, N. Howe; A. Khoury; L. Higgins; J. McFadden; S. Schaffer; F. Fodor; B. Walker; T. Cloran; J. Kraus; A. Bekira; R. Moisan; A. Leavens; Y. Soon Jung; S. Silverman; S. Siyta; K. Hozak; G. Agostoni; K. Scott; T. Tsajoaki; K. Carnaghan; A. Grant; S. Anderson; M. Cytrn; A. Bay; C. Gurwitz; W. Fox; R. Kilchinsky; B. Tirraski; J. Harper; W. Orbaner; J. Gilbert; F. Wareham; G. Gilbert; J. Gervais; B. Friedman; J. Bibby; M. Brothman; M. Kazimierz; C. Miller; L. Blichenbaum; R. Boro; B. Troster; R. Lucow; H. Gilbert; J. Kaplan; R. Goldberg; J. Hawkins; F. Plourde; B. Hutton; L. Wood; O. Cobran; H. Taylor; G. Hockstein; M. Lipsey; I. Wood; L. Hill; L. Beaupre; J. Bernard; J. Wise; C. Bourdeau; E. Marangos; A. Messine; J. Agenian; D. Abitibol; T. Bolidjaklian; F. Mendelzys; W. Goldstein, S. Rigas; M. Moore; M. Klimec; K. Matslaino; A. Engel; C. Robinson; T. Greenberg; H. Wilson; A. Cohen; A. Kessler; and Drs. J. Rothschild; S. Feldman; P. Beck; I. Fried; M. Kapusta; M. Mendelsohn; S. Share.