

# JGH PULSE

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THE STAFF OF THE JEWISH GENERAL HOSPITAL

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SANTA CLAUS DISTRIBUTES GIFTS TO TWO GOOD LITTLE GIRLS AT the JGH: Réal Thibault (that's him in hospital civvies at right) hands out Christmas cheer to Miss Joan Pike, HN, and Mrs. Lil Zarr, Secretary, Pediatrics, to help mark the Play-room's annual Christmas celebrations. For more details, see page 2.

## Christmas as a patient at the JGH

Here is the story of a very moving experience for me. I entered hospital November 18th to undergo several kidney function tests. During that week, I helped the nurses and orderlies in their daily tasks. I also completely redecorated the children's playroom on 6W. All this took my mind off the final results of the kidney tests.

Finally the doctor informed me that surgery was not only indicated but absolutely necessary. Surgery was scheduled to take place November 28th. I was not so strong but all the loving care and attention of the nursing staff buoyed me up. Things went a little better after surgery. The set-back was that the doctor had to place a tube at the surgical site. My "home for Christmas" plans were dashed. Gloom and despair followed. At this point, Ina -- who is in charge of the Playroom -- asked me whether or not I would care to be Santa Claus for the kiddies. I said that I would gladly accept except that I had no Santa Claus costume. Then my dear mother came to the rescue: she made the entire costume including beard and whiskers in two days.

December 21st: I get into my costume and make my rounds from room to room all over the 6th floor, wishing everyone a Merry Christmas and distributing candies and gifts. Playing Santa Claus, I forget for a moment my own problems.

December 23rd: I help nurses and doctors who, like myself, were to spend the holidays away from home. This was so full of pleasure that I felt as much at home with these staff people as I would have felt with my own family. On Christmas Day, the other bed was removed from my room, a table put in its place and, on it, a beautifully decorated tree. My entire family gathered around it along with several friends. Everything was so beautiful... and I was so happy to see all my loved ones. That day just flew by.

I found my days at the JGH not too long and my problems not too difficult to endure mainly because the nurses, orderlies, and medical staff were so kind that they definitely sent along the mood to complete recovery. Thanks to you all!

Réal Thibault,  
Pediatrics.  
(age 15)



# FONDATION DU QUEBEC DES MALADIES DU COEUR ♥ QUEBEC HEART FOUNDATION

UNE FILIALE DE — AN AFFILIATE OF

## CANADIAN HEART FOUNDATION

January 23, 1973

1972 — 1973

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Each of us is intimately involved with heart disease inasmuch as 1 out of 2 Canadians die of heart and blood vessel disease. This includes high blood pressure, coronary artery disease, congestive failure, congenital and rheumatic conditions, strokes and the like.

(At the Jewish General Hospital, active treatment of all these conditions is given.)

The Quebec Heart Foundation supports research throughout the Province, including at the Jewish General Hospital, into the causes, diagnosis and treatment of these vital conditions. It also supports education - both professional and public, by providing pamphlets, lectures and movies and the like. In this way, everyone can be informed how to preserve their health, to prevent premature heart attacks, strokes and other cardiovascular disease.

The Quebec Heart Foundation, a division of the Canadian Heart Foundation, does not provide therapy directly, as this is covered by medicare. It's vital work is completely supported by private contributions, and heart month is February.

Your support of the Canadian and Quebec Heart Foundation helps yourself and your fellow man, and you can support it directly by financial contribution, or support its aims and projects. These projects include heart stationery, canvassing, volunteer work, and heart rose distribution.

*Jonathan Ballon*  
Jonathan Ballon, M.D.  
President

PEOPLE IN THE NEWS

BON VOYAGE to Mrs. Joan Fitzmorris, HN, 4W, who is going to Yugoslvaia in March...

SYMPATHIES to Mrs. Sally Heiss, Sewing Room, whose husband, Solly, formerly with the Pharmacy, died late in January in the JGH... to Miss Inge Hahn, HN, Diagnostic Unit, whose brother died in Montreal mid-January... to Mrs. E. Rudnitsky, RN, SICU, whose father died at the JGH in the same month...

GET WELL SOON to Miss N. Cordero, relief nurse, who fractured her ankle while on duty in January... to Miss P. Lam Yuk Tseung, RN, 8W, who fell on her way to the JGH in December 11th and broke her leg... to Miss G. Leon, NA, 3W, who underwent surgery at the JGH in December... to Mrs. B. Malamud, RN, 6W, who sported an armcast during December...

CONGRATULATIONS to Miss F. Macalanda who was appointed HN of the new CVT ICU January 15th... to Mrs. Fe Grenier, RN, who became AHN on 7W at the same time... to Miss P. Ilagon, RN, formerly on 2NE, who was appointed AHN on 7W January 22nd... to Mr. Jim McIntyre who was appointed Supervisor of the Maintenance Department at the beginning of the year... to Mrs. M. Butlin, AHN, 7NW, who gave birth to a baby girl early in January... to Mrs. M. Kurian, RN, 7NW, who passed her provincial French exams January 10th... to Mrs. J. D'Silva, RN, 7NW, whose baby girl was born at the JGH late in N vember...

WELCOME BACK to Mrs. Mabel McGill, Nurses' Residence, who vacationed in Bermuda in January... to Mrs. C. Roseberger, Ward Clerk, 3NW, who spent late December and early January touring California and Florida... to Mrs. Mary Beauvais, NA, 4W, who went to Florida and Nassau in late January... to Miss A. Scantlebury, RN, 7NW, who is back on the job following minor surgery during December...

BEST WISHES to M,riam Garfinkle, Family Practice Centre, who married M. D. Schiff, Brazil's chief rabbi, February 18th in Sao Paolo where they will reside... to Mrs. Judi Tessler, VON Office, who after six years of devoted work as secretary, has become a teacher of Hebrew at a school on Wan Horne Avenue... to Miss Nancy Estrada, RN, 6NW, who was married January 27th... to Miss J. Belair, RN, formerly HN on 7NW, who became Supervisor of 7NW January 22nd... to Miss Letitia Badua, RN, 5M, who married January 20th... to Miss Elma Chopra, formerly AHN, Pre-

## Letters

Dear Friends:

With sincere thanks and great appreciation to a most wonderful group of people -- doctors, nurses, and staff, especially from Surgical Outpatients area -- for helping to give me faith, strength, and courage to carry on at this sad and trying time.

It's a great comfort to know I am not alone.

Again many thanks.

Sincerely,  
Vicky McClean, RN,  
Surgical Outpatient Department.

\* \* \*

To all 6NW personnel:

Today, even if I am somehow frustrated for not going home, I want to tell all of you how much I have appreciated your attitude, your care, your efficient calm and healthy approach to me and to other patients.

Among you all, there are faces on whom I cannot place names, but I will remember your friendly care, your motherly attention at night, or your smile in the morning when making the bed or cleaning the floor.

I enjoyed you people from all races, from all countries: Japan, Trinidad, Middle Europe, Philippines... working here and happily. Len (orderly), you are now like an old reliable friend; Miss Harris (physiotherapist), your instructions are clear, efficient, and firm while respectful.

To be more complete I feel confident enough to tell you that I still resent the noise; especially from people not respecting visiting regulations. I have experienced how much all energies are required to cure; and resting conditions are somewhat important.

Now that it is told, I realize that the personnel's attitude, efficiency, and care are still of much higher importance. Thanks to all of you.

November 10th, 1972.  
6.

Jean-Pierre Remillard.  
Room 6603.



## PULSE PROFILE

Alfred Joshua Isaiah Jarvis of the Payroll Office, was born in St. John's, the capital city of Antigua, British West Indies, in 1923. The son of a plantation manager, Alfred had two brothers and two sisters, three of whom still survive and live on the Island.

In the days when Alfred attended the Antigua Grammar School, he had thoughts about being a minister. "But when school was out," says the tall, easy-going, 175-pounder, "I found myself in the Police Department as a police officer. I joined for three years but kinda liked it. It was very exciting; very authoritative." After a four months' training course, Alfred was detailed to the clerical office where he eventually became Chief Clerk. Later he was transferred to the licensing bureau where he was Sergeant-in-charge for his last six years. "I never did street duty," drawls Alfred. "But after 17½ years I left because of politics. When I had joined the Force," he explains, "it was the federated Leeward Island Police Force. When attempts were made to federate all of the West Indian Islands, our Force was dissolved... but the new West Indian force never materialized. I didn't want to join the new Antigua Police Force, so I left."

From there, Alfred worked as a bookkeeper in a car sales firm, then in the then 72-room resort hotel, The Anchorage. After completing a course in hotel work, he was appointed Assistant Manager there.

In 1962, Gertrude (Trudy) Brathwaite, JGH Surgery, arrived at The Anchorage on vacation. She and Alfred met... and corresponded... until Trudy returned to Antigua in 1967. They were married in Montreal shortly afterward, and Alfred moved north. After a stint at Bruck Mills as a sample clerk, he joined the JGH's Storeroom but was soon made a bookkeeper in the Payroll Office. There he deals with the nurses' section of the payroll.

One of Alfred's hobbies is travel. Since coming to Canada six years ago, he and Trudy have visited Antigua twice, the Virgin Islands, Puerto Rico, the Bahamas, and various points in the USA. "Sometimes there is this tendency to become homesick," he says, "so we go down south to get rid of it." But that might take quite a while for Alfred muses very readily about carnival time in Antigua, about dancing calypsos, swimming, and Antigua's "beautiful white sand. There are 365 beaches down there," he says wistfully... one for every day of the year."



Canada's Governor-General and Mrs. Roland Michener delightedly receive a bouquet of red roses presented to them by Miss Adrian Hunte, 7-year-old daughter of Wesley Hunte, Ward Master's Office. The event marked the change of command at the Canadian Grenadier Guards held in Montreal October 1st. Governor-General Michener is Honorary Colonel of the Regiment while Mr. Hunte is Warrant Officer of the local Household Regiment.

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Pulse's New Year greeting to the JGH staff:

May you have

Enough happiness to keep you sweet

Enough trials to keep you strong

Enough sorrow to keep you human

Enough hope to keep you happy;

Enough success to keep you eager

Enough friends to give you comfort

Enough wealth to meet your needs;

Enough enthusiasm to look forward

Enough faith to banish depression

And enough determination to make each day better than  
yesterday.