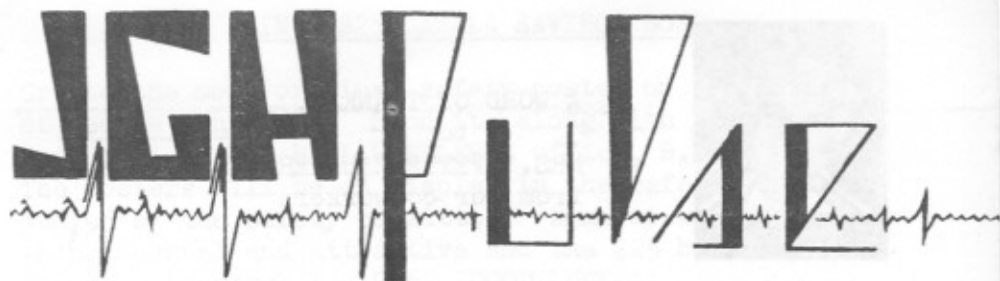


JGIM

The title 'JGIM' is rendered in a bold, black, sans-serif font. A white ECG (heart rate) line is superimposed over the letters, starting from the bottom left, passing through the 'J', 'G', and 'I', and ending at the bottom right. The 'M' is partially obscured by the line.

VOLUME 10 NO: 1

FEBRUARY 1976



A WORD OF THANKS
to
MRS. YVETTE MEUNIER
from her co-workers

This year, MRS. YVETTE MEUNIER celebrates her tenth anniversary as Chief Operator in the "switch-board department". In our department, often called the "golden Department" MRS. MEUNIER is not only our Chief, she is a friend trying to understand our personal problems and always ready to listen and help. She willingly offers her services to the Lady Davis Institute, the Family Practice Centre, Psychiatry, Social Service, Ophthalmology, etc. Almost everyone we know, at one time or another, has called upon her for information, a bell boy, a local number, Doctors information, or just general advice.

MRS. MEUNIER married young and became a widow just after the birth of her second daughter, three years later. She had to bring up her two children alone, making it necessary for her, at times, to hold down three jobs simultaneously. During this period she devoted herself to her family leaving very little time for social activities.

Her youngest daughter lives in Montreal and is employed by Hydro Quebec. Her eldest daughter is a French teacher, has two boys, and resides in Oakville, Ontario. She is very fond of her grandchildren, who in turn, cherish her.

She spends her free time knitting, sewing, crocheting and reading. She enjoys and is good at most types of games.

After ten years of faithful service to this Hospital we wish to express to her our profound gratitude for her kindness towards all of us in the "golden department" and, at the same time, wish her the very best for many years to come.

Nous espérons que vous serez avec nous encore plusieurs années afin que nous puissions bénéficier longuement de votre compréhension si sincère.

WIN A \$25 CANADA SAVINGS BOND

Create the most original safety poster on the hazards of needle punctures. Send it, along with your name and local to Mr. BILL WHEELER'S office, B.N.W. The posters will be on display in the cafeteria and judged by the safety committee. Come up with something unusual and attractive and the \$25 bond is yours. Deadline is March 1, 1976. GOOD LUCK!!!

HAVE
YOU
CONTRIBUTED



TO
THIS
PICTURE?

The J.G.H. safety committee and sub-committees are trying to prevent accidents by making you aware of problem areas.

The administration, in conjunction with the safety committee, is continuing its efforts to provide a safe and healthy environment for patients, staff and visitors.

Remember during times of stress it's easy to forget about safety.

1. Don't bottle up your emotions.
2. Exercise to loosen tension.
3. Watch for weak moments.
4. Get busy to forget worries.

Let us know of any safety hazards as soon as you become aware of them.

STAY HEALTHY
Your safety committee L. 549

PUBLIC RELATIONS AND YOU

As the new Public Relations Officer it is my hope that strong lines of communication, between myself and the other employees of the J.G.H., can be established. This will help, not only in acquiring information for Pulse and the J.G.H. News, but also in making you feel comfortable in coming to me with any project you wish to have supported, written or advertised. As far back as 1967, in the second issue of Pulse, Mr. FRED GOLDSTEIN, Director of Gift and Bequests, summed up what good Public Relations really means.

"Public relations is not only telling the public what happens in the Hospital. It is also the manner in which all of us conduct ourselves on or off the job. It is how we speak to patients, how we treat visitors, how we work together, how we talk about the Hospital among friends. The way we behave reflects the way that we work. The public knows this. The public watches this. And by this, as much as by any other means, the public judges us -- and our Hospital.

How can employees serve the cause? By saying a polite "thank you". By cheerfully directing a visitor to the department he can't find. By saying a kind word to a downcast patient. By not divulging confidential information inside or outside the Hospital. By looking on the bright side of things.

Whether you're a doctor, nurse, orderly, switchboard operator, technician, elevator operator or any other employee, recognize the important role that you play.

For the benefit of our Hospital, let's make it a point to practice better public relations."

Everything that was said nearly nine years ago, is true today!!

Ellen Cohen
Public Relations Officer
Local 653



JUDY MOSSE RENDERS SPECIAL SERVICE

Mrs. P. PARKER, Director of Volunteers, was asked to find a volunteer to help feed a severely deformed baby who had been rejected by his mother and was waiting placement in a foster home. After visiting the child and feeding him herself, Mrs. PARKER decided a very special volunteer was needed. As with many such incidents she turned to JUDY MOSSE.

JUDY'S service to the hospital goes back to May 11, 1959 and since then she has become the embodiment of the J.G.H. A warm, kind, patient person, JUDY was asked to take on the task of feeding the baby (a job which took at least an hour due to a cleft palate). She accepted the position and so began a very beautiful relationship. Judy fed, walked, held and loved the baby. MRS. BASSIN, of the pre-mature nursery, wrote the following letter to JUDY. "Please accept this note as a mere token of my sincere appreciation for your most wonderful assistance. I hardly know what the J.G.H. would do without you."

Eventually, a foster family was found and along with the staff members, JUDY was asked to meet with and approve of the foster parents. She gave her approval and another relationship developed. The family became so fond of JUDY, they asked her to visit the baby whenever she felt like it. JUDY took them at their word, and has seen her little charge several times, knitting him a number of cute articles. The following letter was written to Mrs. PARKER from Mrs. FUNNELL, H.N. "The Staff and I wish to thank you and your department for all your support and assistance in caring for Baby--. In particular, we very much appreciated the time and love given to the baby by JUDY. She visited him faithfully and I am sure helped him in his development..."

JUDY MOSSE you have our greatest respect. You are truly an exceptional human being.

GREAT HEART

The following poem resulted from Mrs. P. PARKER'S visit to the premature nursery. The poem does not relate to one baby. Her thoughts for the poem were derived from the wickedness done to babies everywhere who are thoughtlessly brought into this world and then deserted and neglected.

My name is Rape Semen
The result of brute desire
And virgin ovary -
I am black but not black
I am white but not white
I am no one the world has ever seen.
For I am badly formed
Clawed talons for feet
Twisted hands
Flanged nostrils
I am without proper proportion
But I have been blessed - cursed
With a high intelligence quotient.
I am nameless
I am called Donald for my webbed feet.
But I am unique.
I alone was there when cruel desire overcame purity-
When brute force brought feminity to its knees, bleeding
I am the result of a world which has lost the power
to love
But I am unique
For I have gut and brain and I shall
Fight back.
There shall be an end to all of this
For my name is "Great Heart"
I have God for my Father
Compassion for my Mother, and I found
Them in a Jewish nursery.

Phyliss Isobel Hesse Parker

OUR FIRST CHANUKAH - CHRISTMAS PARTY

Do you recognize someone you know?



The first annual Chanukah - Christmas party was enjoyed by all. From 2 p.m. until 10 p.m. the sounds of music and laughter could be heard coming from the cafeteria. Every hour or so excited cheers were given for winners of the 40 or so door prizes which had been donated by the Women's Auxiliary, as well as other generous contributors. The success of the party was due, not only to the party committee, headed by Mr. J.M. MALLET, Director of Personnel, but to the entire hospital. You made it great. It was our first try, BUT IT WON'T BE OUR LAST!!!

PEOPLE IN THE NEWS OR "WHO NEEDS HOLLYWOOD?"

If you had your radio on CJAD a few months ago you would have heard BARBARA DUFFEY, theraputic dietician, in conversation with John Hardy. BARBARA was terrific. She answered all questions with skill and diplomancy. We felt pretty good when they mentioned her association with the J.G.H. Although he didn't actually appear in the film look for Mr. TASO KASTANIS'S, nursing orderly, cast in the forthcoming National Film Board presentation on Alcoholism. The Public Relations Department received a request from the N.F.B. to allow them to film the exterior (driveway and sign) of the emergency department as well as someone to put a removeable cast on one of their actors legs. Mr. KASTANIS was asked to do the job and he did an admirable one. A letter from the NFB thanking Mr. KASTANIS said "we will contact you upon completion of the film in order that you may see your craft and how it was used." Not to be out done by radio and movies, CFCF-TV did a news report on the new I.C.U. featuring roles by Dr. R. MARGOLESE, Surgeon, and MRS. E. MENDOLSIN, Head Nurse I.C.U., with a cameo role by Dr. R. Fenster, Surgeon. This

PEOPLE CONT'D

trio was seen twice on the 6 and 11 o'clock news broadcasts. Is there no end in sight? Not quite--

DR. W.R. SLATKOFF, Consultant to the Board of Directors, and MR. F. GOLDSTEIN, Director of Gifts and Bequests, lent their combined wisdom to "Here and Now" a feature of A.J.C.S. shown on Cable TV and National Cablevision. They really gave an insight as to the history of the J.G.H. and the changes that have occurred. MRS. PEGGY LAHAIE, Patients Relations Representative, was featured recently in the Montreal Gazette. It was quite some story and PEGGY once again brought the J.G.H. into the spotlight. As Pulse goes to print PEGGY is making an appearance on CJAD Talk Show. Watch our Helen Hutchinson!!! An article in the Montreal Star by Zoe Bieler highlighted, Dr. APOSTOLOS PAPAGEORGIU'S ^{research} on how certain stimulosis will affect babies in their development. Dr. PAPAGEORGIOS, Chief of Neonatology, was quoted as saying "all we know now is that right from the moment of birth each baby is an individual with his or her own personality traits." And now least we be charged an actors union fee, we'll close with just one more

PEOPLE CONT'D....

round of applause to DR. JACQUELINE McCLAREN, physician attached to the Herzl Family Practice Centre, for helping us fill a request by CJAD to answer some questions about working off hangovers. This show, done during the Xmas holidays, took on a light air. However, there was a serious plug for anyone with a drinking problem to see a doctor or A.A. On that note we have a great lead into our next article sent to us by KATHY GRAHAM, Health Service Department. She suggests everyone keep any eye out for the symptoms of alcoholism and passes on to us a list of guidelines published by A.A.

TWELVE SIGNS TO WATCH OUR FOR

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
2. Do you wish people would mind their own business about your drinking -- stop telling you what to do.
3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. Have you had a drink in the morning during the

past year?

5. Do you envy people who can drink without getting into trouble?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused trouble at home?
8. Do you ever try to get "extra" drinks at a party because you do not get enough?
9. Do you tell yourself you can stop drinking anytime you want to, even though you keep getting drunk when you don't mean to?
10. Have you missed days of work because of drinking?
11. Do you have "blackouts"?
12. Have you ever felt that your life would be better if you did not drink?

Did you answer YES four or more times? If so, you are probably in trouble with alcohol. In that case please get in touch with your doctor or with ALCOHOLICS ANONYMOUS.

BITS AND PIECES

MR. B. WHEELER, Maintenance Supervisor, attended the Industrial Accident Prevention Association Annual Conference October 15 and 16, 1975.

MRS. TRUDY JAVIS, Supervisor of the Department of Surgery, is also the Supervisor of the Surgical Secretarial Group of the J.G.H. The 23 secretaries involved meet 4 or 5 times a year and discuss problems, transfer of information from Administration and other areas of interest and concern.

PLEASE DON'T WAIT FOR MEMOS TO SEND IN NEWS. ANYTIME YOU HAVE INFORMATION FOR PULSE OR THE J.G.H. NEWS

FORWARD IT TO THE PUBLIC RELATIONS OFFICER, ROOM 703 EAST, LOCAL 653. REMEMBER, ANYTIME YOU WANT TO RELEASE INFORMATION TO THE MEDIA I'LL BE HAPPY TO HELP ARRANGE IT FOR YOU, AND TO GIVE YOU WHATEVER ASSISTANCE I CAN.

A NOTE OF HUMOUR--IT REALLY HAPPENED.

MR. FRED GOLDSTEIN, Director of Gifts and Bequests, tells the story that recently someone phoned from a Patient Area, wanting to give a donation. When asked which fund she wished the contribution made to, the woman hesitated a moment before saying "LIMBS". It seems she wanted to donate her organs to medicine and was told by someone that MR. GOLDSTEN handles donations. Unable to accept her gift, MR. GOLDSTEIN put her on to the right department. (Anyone else with some good stories send them to the P.R.)

CAFE CROISSANT

THE WOMEN'S AUXILIARY COFFEE SHOP IS LOCATED IN THE EAST WING AND PROVIDES A SMALL SEATING AREA AS WELL AS A TAKE-OUT SERVICE. BON APPETIT!!!

PAY CHEQUES

The codes and terminology have changed on the pay cheques. Forms were distributed explaining the changes, anyone not receiving the list please get intouch with payroll. Some cheques with the old coding will still be issued until the old supply runs out, sometime in 1976. The new cheques will give more information and all of it will be on the same side.

ARE YOU INTERESTED IN NURSING REFRESHER COURSE?

PHONE: 845-7688



MRS. FANNY GERTEL, Social Service Department, retires after 23 years at the J.G.H. At a party in her honour she was presented with a soap stone statue purchased from the Golden Age Exposition. She will be missed by her department, as well as the many patients she has helped.



(Seen presenting MISS H. TAYLOR with her Inuit picture DR. W.R. SLATKOFF, MRS. P. GEORGES and MISS J. MORRISON)

The following note was received by MRS. P. GEORGES, Acting Director of Nursing, after MISS H. TAYLOR was honoured at a party upon her leaving the J.G.H.

"Would you please convey to my many friends at the J.G.H. my sincere appreciation for the lovely reception and the gift presented to me last Wednesday afternoon on the occasion of my leaving staff after many happy years at the Hospital. I shall cherish the Inuit picture, not only because it is very lovely, but also because it will always remind me of those with whom I have worked very closely. My working relationships with persons at all levels in the Hospital have been very personally rewarding and I look forward to maintaining a close liaison with many of you in the days ahead."

Again, thank you very much
Sincerely,
Helen Taylor

QUESTIONS AND QUERIES

Anytime you have questions pertaining to the hospital please send them on to the Public Relations Officer. I will try to secure the answers for you and if the reply would be of general interest I will publish the question and answer in the next Pulse. Recently, the question was asked "why doesn't the cafeteria use non-dairy cream substitute on days when a meat meal is being served?" MRS. P. HAMEL, Director of Dietetics, provided the answer. "Our reason for not serving the non-dairy cream substitute called "coffee-rich" in the cafeteria is that this product is very high in saturated fats, consequently we do not encourage its use."

PATIENTS PRAISE

To the Nurses in the G.C.U.,

Please accept my grateful thanks for the very kind attention given to me while in your care. All the nurses were so efficient, understanding and pleasant that I just cannot thank you enough for helping me "graduate" out of your Unit.

Dear Sirs;

I have had the opportunity of staying in your hospital on two occasions within the last three months.

I cannot think of one serious complaint with anyone person or incident. The Nursing Care was excellent. I was under Dr. Glickman's care on the 5th floor. I hope that all will continue to go as well with your future efforts. I would be more than pleased to be of any aid possible.

To all the staff of 5 West,

This is just a small token as a means of saying how much I appreciate the wonderful care and assistance given me by everyone on the Staff.

PATIENTS PRAISE CONT'D

To Nurse Griffith and The Day Staff (5 West)
Sincerely thanking you for the wonderful attention you have given me during my stay in hospital.

Dear Dr. Buchbinder,

On behalf of myself and my sisters and brothers, I wish to thank you and all your staff that looked after my Mother, during the past three months.

For the past twenty six years, both my parents were under constant care with you Doctors so that is why we always turned to the J.G.H. for hospitalization.

I wish to thank you for taking much of your valuable time to speak with me and may the Lord always keep you in the best of health.

Dear Sir;

The family of the late Mrs. S. Rubinsztajn would like to thank the hospital and in particular Dr. Robert Brunham for the care and attention given to Mrs. Rubinsztajn. Dr. Brunham was extremely kind and patient to the family during difficult times.

Dear Mrs. Lahaie,

On behalf of the ----- family, I wish to express through you our sincerest appreciation for the wonderful professional and personal care and attention received by Mother during her visits to the J.G.H. and, in particular, during the last two and a half weeks before she passed away.

We are grateful for the dedication and kindness of the Nurses and the Doctors and other personnel (particularly Dr. Ostro). You will understand that it was so important for us, at a crucial time like that, to be satisfied that Mother was getting the best of care from people who cared.

PATIENTS PRAISE CONT'D.....

Dear Sirs;

All I can say is thank you to the Nurses of the Maternity section and the Nursery. There is no words to tell you my deep consideration toward the staff of those two sections. I am proud of the J.G.H and I think that you are number one in the whole Montreal.

P.S. I also appreciate your competent Dr. B.I. Glickman.

Dear Sir;

I would be very grateful to you, if you would express my sincere thanks to the Casualty and Emergency doctors and nurses, as well as everybody else in the Xray, Surgery, Intensive Care and Neurological Intensive Care for the devolted care given my late husband, who died on the 16th of September in your hospital.

Also, I'd like to take the opportunity, in thanking Mr. Littman for his personal assistance.

I am enclosing a cheque as a donation to your hospital, which you may use at your discretion for a project of some urgency.

DON'T FORGET!!!!!!

Win a \$25 Canada Savings Bond. Create the most original safety poster on the hazards of needle punctures.

The deadline is March 1, 1976—send them to MR. BILL WHEELER'S office B.N.W.